

## FOR IMMEDIATE RELEASE

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## Open Enrollment Spring Equine Assisted Personal Development Program at Renewal Ranch, AZ Begins March 13

### *Come Play with the Horses and Take the Adventure of Self-Discovery*

**Glendale, AZ – March 7, 2008** – Renewal Ranch, AZ announces their spring 2008 Open Workshop Series, which begins on March 13 at their Glendale, AZ facility. The series, entitled *Learning from Horseplay* is open to all who wish to take an adventurous journey of self-discovery through Equine Assisted Learning (EAL).

“Playing with the horses and participating in structured training and learning experiences with the horses offers profound and incisive insight into how we actually behave in various circumstances and how we are perceived by others,” says Gayla Hodges, operator of Renewal Ranch. “The Equine Assisted Learning programs available at Renewal Ranch are offered to help individuals, groups, teams and corporations discover deep insights into their behavior and interactions. The result is renewed perspective, renewed energy toward goal achievement and a renewed commitment to values and strategic goals.”

Although many of the workshops and training programs offered by Renewal Ranch are structured for groups and businesses, the open enrollment programs each season are open to the general public. “Renewal Ranch,” says Tim Hodges, Equine Specialist for the facility, “is focused on people development the equine way. It is amazing to help people process the visual metaphors of how the horses react and respond to them.”

Horses are social animals. By examining equine behavior, and how the horses may or may not react to us, we can better understand what may be more effective in our own human relationships. Because horses have personalities, much like people do, they provide instant and honest feedback. The way a horse reacts to an individual's interaction provides a visual metaphor for how co-workers or peers may react internally to that person's actions in a work or personal environment. This gives insight as to why individuals are (or are not) getting the results they are looking for out of their personal and professional relationships.

Join the coaching staff (the horses) and the facilitation staff (Tim and Gayla Hodges, and their volunteer assistants) for a six-week program of incisively powerful self-discovery at Renewal Ranch, AZ from 6:00 to 7:30 on Thursday evenings March 13 and 27, April 10

and 24, and May 8 and 22. The cost for the entire six-week program is \$250.00, payable by cash, check or credit card. Participants can learn about their people skills, communication skills, leadership skills, and team building and participation skills.

Renewal Ranch, AZ is located at 8605 West Northern Avenue, Glendale, AZ 85305. You can register by calling 623-362-3876 or by visiting the website at <http://www.renewalranchaz.com>.

### **About Renewal Ranch**

Renewal Ranch, AZ is the home of People Development the Equine Way. We help individuals and organizations attain their full potential through the metaphors created by interaction with horses. Renewal Ranch was founded in 1996 by Gayla Hodges, President and Principal Consultant of Change Agents, Inc., our parent company. Change Agents, Inc. is a certified woman-owned businesses by WBENC. Renewal Ranch is a member of the Equine Assisted Growth and Learning Association (EAGALA). Our team of trained professionals and volunteers consistently strive to ensure that every training and coaching event or workshop exceeds the expectations of the participants. To learn more about Renewal Ranch, please visit our website at <http://www.renewalranchaz.com>. To learn more about Change Agents, Inc. please visit the website at <http://www.changeagentsinc.com>. To schedule a tour of the facility, please call us at 623-362-3876.